

# Nationwide, State, and Local Resources and Awareness

## National

- National Suicide Prevention Lifeline
  - 1-800-273-8255 (TALK); see <https://suicidepreventionlifeline.org/talk-to-someone-now/>
  - Veteran's Crisis line is at the same number, Press 1. Text to 838255. Chat online. This Crisis Line also supports first responders (police, fire, ems).
  - Support for Deaf and Hard of Hearing at 1-800-799-4889.
  - Crisis Text Line 741-741
- Federal Agencies such as Substance Abuse and Mental Health Services Administration (SAMHSA)
  - <https://www.samhsa.gov/>
- Mental Health America
  - Nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans
  - [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)
- National Alliance on Mental Illness (NAMI)
  - Association of local affiliates, state organizations, and volunteers who work in communities to raise awareness and provide support and education for mental health
  - [www.nami.org](http://www.nami.org)
- National Council for Behavioral Health Resources
  - Mental Health First Aid and Youth Mental Health First Aid, [www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org)
  - <https://www.thenationalcouncil.org/mental-health-month/>
- TAPS: Tragedy Assistance Program for Survivors
  - Offers compassionate care to those grieving the loss of a loved one who died while serving in our Armed Forces or as a result of his or her service. Provides comfort and hope 24/7 through a national peer support network and connection to grief resources, all at no cost to surviving families and loved ones.
  - <https://www.taps.org/>
- The Trevor Project
  - Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25
  - <https://www.thetrevorproject.org>

## State and Local

- Community and Residential Services Authority (Illinois)
  - Interagency group created by the State Legislature in 1985. The CRSA is responsible for identifying and addressing barriers facing parents, professionals and providers when trying to get needed services and programs for individuals with a behavior disorder or a severe emotional disturbance and their family.
  - <https://www2.illinois.gov/agencies/CRSA>
  
- Heritage Behavioral Health Center, Clinton and Decatur locations
  - Provides services for people experiencing mental illness and substance use disorder.
  - 217-362-6262; <https://www.heritagenet.org/> *Clinton 217.570-0900*
  - 24/7 crisis support
  
- Cornerstone Counseling Services LLC, Clinton, Illinois
  - Behavioral health services to address a wide range of needs for individuals of all ages and for couples and families
  - 217-935-9571 ext. 3520; <http://counselingclintonil.com/>
  
- DeWitt County Mental Health Board
  - Provides funding for programs and services supporting DeWitt County residents with mental illness, substance use disorder, and/or developmental disabilities.
  - See links to funded and other providers at Website [www.dewittcountymhb.com](http://www.dewittcountymhb.com)
  
- DeWitt County Substance Abuse Coalition
  - Mission is to prevent and reduce substance abuse by promoting awareness, education, and advocacy.
  - See list of substance use disorder treatment providers at <https://www.dewittcountysubstanceabuse.com/additional-resources>
  
- Regional Office of Education #17 serving DeWitt County
  - For a downloadable list of mental/behavioral health resources in McLean and DeWitt Counties, see <https://roe17.org/resources/dewitt-county-behavioral-health-in-schools>
  
- PATH (Providing Access to Help)
  - **Call 211** or 1-888-865-9903 for help connecting to health and human service providers covering:
    - Basic human needs: such as food, shelter, rent and utility assistance
    - Physical and mental health resources: such as health insurance programs, Medicaid and Medicare, medical information lines, crisis intervention services
    - Employment supports: such as job training, transportation assistance, education programs
    - Support for older Americans and persons with disabilities: such as adult day care, respite care, home health care, independent living programs
    - Support for children, youth and families: such as afterschool programs, family resource centers, mentoring, tutoring, protective services